

Appleton Parks & Recreation Youth Soccer
2023 Quick Rules

	Kinder	1st Grade	2nd & 3rd Grade	4th Grade	5th & 6th Grade	7th and 8th Grade
Duration of Game	4 x 10 minutes	4 x 10 minutes	2 x 25 minutes	2 x 25 minutes	2 x 25 minutes	2 x 30 minutes
Number of Players	5 v 5 (no goalie)	6 v 6 (WITH goalie)	8 v 8	8 v 8	9 v 9	11 v 11
Ball Size	Size 3	Size 3	Size 4	Size 4	Size 4	Size 5
Off Sides	Not enforced	Not enforced	Not enforced	Enforced	Enforced	Enforced
Penalty Kicks	None	None	None	Enforced	Enforced	Enforced
Free Kicks	Indirect only	Indirect only	Indirect only	Standard	Standard	Enforced
Improper Throw In	N/A	N/A	Second throw allowed	Lost Possession	Lost Possession	Lost Possession
During Kick	Opponents must be 5 yards from ball	Opponents must be 5 yards from ball	Opponents must be 6 yards from ball	Opponents must be 8 yards from ball	Opponents must be 8 yards from ball	Opponents must be 10 yards from ball
Goal Kicks	Defense at Referee Distance away	Defense at Referee Distance away	Defense at Referee Distance away	Defense at Referee Distance away	No Restrictions	No Restrictions
Slide Tackling	Not Allowed	Not Allowed	Not Allowed	Not Allowed	Not Allowed	Not Allowed
Safety Substitutions	Discretion of Referee	Discretion of Referee	Discretion of Referee	Discretion of Referee	Discretion of Referee	Discretion of Referee
Substitution Policy	After goal, either goal-kick, period	After goal, either goal-kick, period	Either throw-in, after goal, either goal-kick, period	Either throw-in, after goal, either goal-kick, at half	Either throw-in, after goal, either goal-kick, at half	Either throw-in, after goal, either goal-kick, at half
Playing Time	Equal Playing Time (as close as possible)	Equal Playing Time (as close as possible)	Equal Playing Time (as close as possible)	Equal Playing Time (as close as possible)	Equal Playing Time (as close as possible)	Equal Playing Time (as close as possible)
Goal Size (game)	4' x 8'	4' x 8'	6' x 18'	6' x 18'	6' x 21'	6' x 21'
Field Dimensions	U8 size: 35yds x 25yds	U8 size: 35yds x 25yds	U10 = 60 yds x 45yds	U10 = 60 yds x 45yds	U12 = 80yds x 55 yds	U12 = 80yds x 55 yds