APPLETON
PARKS AND RECREATION

Cover photo by: Emily Kettner Photography

PROGRAMS & EVENTS
PARKS & TRAILS
WINTER ACTIVITIES

2021-2022 FALL/WINTER ACTIVITY GUIDE

www.appletonparkandrec.org
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Welcome to our Fall/Winter Activity Guide!

Fall is a great time to get out and enjoy our beautiful parks and extensive trail system. Our "Be Appleton" Park Explorer program is a great resource to guide you as you discover some of these hidden gems. Winter also provides some unique opportunities to get outdoors and to stay active in our parks by enjoying our skating rinks, sledding hills, cross country ski trails, and fat tire bike trails.

Our team at Appleton Parks and Recreation is excited to offer continued opportunities for socialization, physical activity, family fun, and connecting the community with nature. We encourage you to scroll through this guide and discover the great programs/events we have coming up this fall and winter. We continue our commitment to the safety of our community while we navigate this pandemic. We encourage everyone to continue watching our social media sites and our website at appletonparkandrec.org for recent updates on programs, events, and facility use.

Appleton Parks and Recreation activity guide is published two times per year: Spring/Summer and Fall/Winter.

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3 Simple Ways To Register

1. ONLINE REGISTRATION
   To use online registration you must be registered with a household account. Create an account on our website using the ONLINE REGISTRATION button at www.appletonparkandrec.org. Please allow 24-48 hours for the household account to be created. Master Card and Visa are the accepted forms of payment for online registration.

2. WALK-IN OR DROP-OFF REGISTRATION
   City Hall – Downtown at 100 N. Appleton St. Walk-in to 1st Floor Customer Service Center:
   Between 8:00 a.m. and 4:30 p.m., Monday through Friday
   Your registration and payment can be placed in the drop box on Appleton Street.

   Make checks payable to: “City of Appleton”

3. MAIL-IN REGISTRATION
   Mail your completed registration form (which can be found on our website or downtown) along with your check or money order made payable to: “City of Appleton”

MAIL TO:
City of Appleton Parks & Recreation
P.O. Box 1976, Appleton, WI 54912-1976

RECREATION FEE WAIVER POLICY:
Financial Assistance is available for City of Appleton residents who are unable to participate in Appleton Parks and Recreation programs for financial reasons. To obtain a Fee Waiver form, please call 920-832-5905 or visit our website.

A resident is any person who lives within the corporate city limits of Appleton. City and school district boundaries are not the same. Appleton property owners who reside outside the city limits are considered non-residents. Appleton mailing addresses do not automatically mean that you are a city resident. Please bring proof of residency if you do not own your home or are a renter.

FOLLOW THESE DATES FOR CLASS REGISTRATION:
Resident registration begins....................Wed., July 14, 2021
Non-resident registration begins...........Wed., July 28, 2021

Questions? Call 920-832-5905 for assistance.

Parks & Recreation Customer Service
Phone: 920-832-5905
Information/Cancellation Line: 920-832-3900
Office hours: 8:00 a.m.-4:30 p.m., Monday-Friday
Contact us at: aprd@appleton.org
Address: 100 N. Appleton St. Appleton, WI 54911
Website: www.appletonparkandrec.org

920-832-5905 • www.appletonparkandrec.org
Youth Programs

YOUTH BABYSITTING/CPR & AED CLASS
This 8-hour action packed course is open to youth ages 10-15. Students will learn the fundamentals of childcare (feeding/diapering/etc.), child safety (choking emergencies/home hazards/etc.), and also learn CPR/AED for Adult, Child, and Infant. This is a great class to build confidence as they enter the exciting world of babysitting, or if they are starting to stay home alone for the first time. Students will need to bring a lunch/beverage the day of the class.

<table>
<thead>
<tr>
<th>AGES</th>
<th>DAY/DATES</th>
<th>TIME</th>
<th>LOCATION</th>
<th>FEE</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>10-15</td>
<td>Saturday, October 9</td>
<td>8:00 a.m.–4:00 p.m.</td>
<td>Scheig Center</td>
<td>$70</td>
<td>412327-S1</td>
</tr>
</tbody>
</table>

YOUTH BABYSITTING (VIRTUAL) CPR & AED CLASS
Join us to learn valuable lifesaving information from the comfort of your own home! This 3-part virtual class is open to students ages 10-15. (See above for class description.) This live class is taught by an American Heart Association Instructor using an assortment of relevant topic related videos, pictures, discussions, and fun trivia. No special equipment is needed for the class!

<table>
<thead>
<tr>
<th>AGES</th>
<th>DAY/DATES</th>
<th>TIME</th>
<th>LOCATION</th>
<th>FEE</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>10-15</td>
<td>Mon-Wed/Sept. 27-29</td>
<td>6:00-8:00 p.m.</td>
<td>Virtual-Online</td>
<td>$68</td>
<td>412327-F1</td>
</tr>
</tbody>
</table>

KIDSTAGE®- ALADDIN
FALL SESSION. Join KidStage for weekly acting classes and be cast in the classical tale ALADDIN!! Aladdin is a lovable street urchin who meets Princess Jasmine, the beautiful daughter of the sultan of Agrabah. While visiting her exotic palace, Aladdin stumbles upon a magic oil lamp that unleashes a powerful, wisecracking, larger than life genie. As Aladdin and the genie start to become friends, they must soon embark on a dangerous mission to stop the evil sorcerer Jafar from overthrowing young Jasmine’s kingdom. SHOWCASE at St. Mary Catholic High School (Times TBD after week 2).

KIDSTAGE®- MOANA
WINTER SESSION. Join KidStage for weekly acting classes and be cast in this new Disney Musical, MOANA. This thrilling and heartwarming coming of age story follows the strong-willed Moana as she sets sail across the Pacific to save her village and discover the truth about her heritage. Moana and the legendary demigod Maui embark on an epic journey of self-discovery and camaraderie as both learn to harness the power that lies within. With empowering messages of bravery and selflessness, Moana is sure to bring out the hero within each of us. SHOWCASE at St. Mary Catholic High School (Times TBD after week 2).

TEENSTAGE IMPROV!
KidStage is calling all teen actors for weekly Teenstage Improv games to build acting skills, confidence, teamwork, and performance opportunities. Teens will meet weekly with the theatre directors to build an Improv Show from start to finish that will be performed in front of a live audience during the KidStage showcase (Times TBD).

<table>
<thead>
<tr>
<th>CLASS</th>
<th>AGES</th>
<th>DAY/DATES</th>
<th>TIME</th>
<th>LOCATION</th>
<th>FEE</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aladdin</td>
<td>4-12</td>
<td>Monday/Sept 27 – Dec 4/5</td>
<td>6:00 – 7:00 p.m.</td>
<td>OuterEdge</td>
<td>$92</td>
<td>412322-01</td>
</tr>
<tr>
<td>Moana</td>
<td>4-12</td>
<td>Monday/Jan10 – Mar 19/20</td>
<td>6:00 – 7:00 p.m.</td>
<td>OuterEdge</td>
<td>$92</td>
<td>112322-01</td>
</tr>
<tr>
<td>Teenstage Improv</td>
<td>13-17</td>
<td>Monday/Sept 27 – Dec 4/5</td>
<td>7:00 – 8:30 p.m.</td>
<td>OuterEdge</td>
<td>$92</td>
<td>412322-02</td>
</tr>
<tr>
<td>Teenstage Improv</td>
<td>13-17</td>
<td>Monday/Jan 10 – Mar 19/20</td>
<td>7:00 – 8:30 p.m.</td>
<td>OuterEdge</td>
<td>$92</td>
<td>112322-02</td>
</tr>
</tbody>
</table>
**Youth Programs**

**TEEN CORE – APRD’S TEEN RECREATION INITIATIVE!**

The “Teen Core” program initiative is an opportunity for ages 12-15 to continue participating in the sports and activities they love, as well as explore new activities, in an inclusive, recreational setting that stresses skill development, teamwork, and lifelong participation. Teen Core has been developed by teens, for teens, to be equal parts athletic, developmental, and social, with a focus always on the FUN! Teen Core programming features a variety of great activities and events, ranging from structured, recreational level leagues, to single day, drop-in style events and “learn to play” opportunities. Come be a part of the Teen Core experience!

**2021/2022 Leagues:** For Teen Core sports league options, please see our league information on page 13 of this Activity Guide.

**2021/2022 Events:** For an updated list of fall/winter events and registration details, please visit us at our Teen Core webpage, [www.appletonparkandrec.org/programs-activities/teen-core](http://www.appletonparkandrec.org/programs-activities/teen-core).

**LETTERS TO SANTA**

The North Pole Postal Service reached out to Appleton Parks and Recreation and asked if their reindeer could deliver a mailbox to collect letters from all the good little boys and girls of Appleton that wish to send Santa a letter. Santa’s special mailbox will be in front of the Facility and Grounds Operations Center (1819 Witzke Blvd) in Appleton Memorial Park from November 26 – December 12. To receive a letter back from Santa, please visit our website for more information.

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**KARATE FUN**

Karate America partners with Appleton Parks and Recreation to offer this course for children ages 4-12. These exciting, yet disciplined classes focus a child’s attention while improving the student’s ability to learn. The course is designed for students who have little to no martial arts experience. Registration is done through Karate America.

**LOCATION:** Karate America, W3173 Springfield Drive

**DAY:** Thursdays

**FEE:** $30

To register for Karate Fun at this location: Email info@kaaeast.com

**AGES** | **DATES** | **TIMES**
---|---|---
4-6 | September 16 – October 7 | 6:00 – 6:30 p.m.
7-12 | September 16 – October 7 | 5:15 – 5:45 p.m.
4-6 | October 28 – November 18 | 6:00 – 6:30 p.m.
7-12 | October 28 – November 18 | 5:15 – 5:45 p.m.
4-6 | January 6 – January 27 | 6:00 – 6:30 p.m.
7-12 | January 6 – January 27 | 5:15 – 5:45 p.m.

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**KARATE FUN**

We are excited to partner with THE ACADEMY Martial Arts Leadership (formerly Karate America) to offer a beginner’s martial arts class. Your child is going to have tons of fun learning new skills in a positive environment while gaining more Confidence, Respect, Self-Discipline, Focus, & Self-Defense. Register through The Academy today to experience all the benefits of martial arts for your child!

**LOCATION:** The Academy, 220 West Northland Avenue

**DAY:** Thursdays

**FEE:** $30

To register for Karate Fun at this location: Email info@theacademyappleton.com

**AGES** | **DATES** | **TIMES**
---|---|---
4-6 | September 9 – September 30 | 5:00 – 5:30 p.m.
7-12 | September 9 – September 30 | 5:45 – 6:15 p.m.
4-6 | October 21 – November 11 | 5:00 – 5:30 p.m.
7-12 | October 21 – November 11 | 5:45 – 6:15 p.m.
4-6 | January 6 – January 27 | 5:00 – 5:30 p.m.
7-12 | January 6 – January 27 | 5:45 – 6:15 p.m.
4-6 | February 3 – February 24 | 5:00 – 5:30 p.m.
7-12 | February 3 – February 24 | 5:45 – 6:15 p.m.
Youth Programs

APRD RUNNING CLUB
Let’s get moving! APRD Running Club was a hit in the spring so we are bringing it back in the fall for boys and girls grades 3-12. The Running Club meets every Tuesday and Thursday for various running workouts to challenge every skill level. Activities include weekly group training runs, organized training programs, and sprint workouts. Whether you are looking to get fit, have fun, or enjoy the outdoors this is the perfect club for you.

GRADES: 3-12
LOCATION: Appleton Memorial Park
Scheig Center, 1313 E. Witzke Blvd.
FEE: $20 Resident/$45 Non-Resident

<table>
<thead>
<tr>
<th>CLASS</th>
<th>DAYS</th>
<th>DATES</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 8-12</td>
<td>Tue &amp; Thu</td>
<td>Sept. 21-Oct. 14</td>
<td>4:30-5:15 p.m.</td>
<td>416405-S1</td>
</tr>
<tr>
<td>Grades 5-8</td>
<td>Tue &amp; Thu</td>
<td>Sept. 21-Oct. 14</td>
<td>5:15-6:00 p.m.</td>
<td>416405-S2</td>
</tr>
<tr>
<td>Grades 3-6</td>
<td>Tue &amp; Thu</td>
<td>Sept. 21-Oct. 14</td>
<td>6:00-6:45 p.m.</td>
<td>416405-S3</td>
</tr>
</tbody>
</table>

BUDDING CHEFS
Budding Chefs will be offering healthy kid’s cooking classes by providing fun, interactive, hands-on cooking experiences. All classes are held at the Scheig Center in Appleton Memorial Park (1313 Witzke Blvd.) and include an apron to wear during class and recipe cards to take home. See full class descriptions on our website.

<table>
<thead>
<tr>
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<th>TIME</th>
<th>FEE</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pumpkin Pie Parfaits</td>
<td>4-7</td>
<td>Saturday, Oct. 23</td>
<td>10:00-11:00 a.m.</td>
<td>$20</td>
<td>412331-S1</td>
</tr>
<tr>
<td>Peanut Butter Sesame</td>
<td>13+</td>
<td>Saturday, Nov. 13</td>
<td>10:00-11:30 a.m.</td>
<td>$25</td>
<td>412331-S2</td>
</tr>
<tr>
<td>Noodles &amp; Spiced Cider</td>
<td>8+</td>
<td>Saturday, Dec. 4</td>
<td>10:00-11:30 a.m.</td>
<td>$30</td>
<td>412331-S3</td>
</tr>
<tr>
<td>Gifts to Go – Cinnamon &amp; Spice Pancakes in a Jar</td>
<td>8+</td>
<td>Saturday, Dec. 4</td>
<td>10:00-11:30 a.m.</td>
<td>$30</td>
<td>412331-S4</td>
</tr>
<tr>
<td>Chopped Salad and Raspberry Vanilla Bean Limeade</td>
<td>11+</td>
<td>Saturday, Jan. 15</td>
<td>10:00-11:30 a.m.</td>
<td>$30</td>
<td>412331-S5</td>
</tr>
<tr>
<td>Strawberry Cheesecake Dip</td>
<td>4-7</td>
<td>Saturday, Feb. 12</td>
<td>10:00-11:00 a.m.</td>
<td>$20</td>
<td>412331-S6</td>
</tr>
</tbody>
</table>

WINTER OPEN GYM
Lace’em up and head on over to our winter open gym for some FREE indoor wintertime fun and exercise! We’ll have a variety of sports equipment and activities available to keep kids active through the long winter months. Open gym is supervised but parents are welcome and encouraged to join in the fun!

AGES: Kids ages 5 through 14 and their parents / guardians.
DAY/DATE: Saturdays, Nov 20, 2021 through February 26, 2022
(Winter break open gym dates: December 28, 29, and 30)
See page 19 for more details.
TIME: 1:00-4:00 p.m.
LOCATION: Ferber Elementary School (K – 5th Grade), McKinley Elementary School (K – 8th Grade)
FEE: FREE
Special Events And Trips

**BE AN APPLETON PARK EXPLORER**
There is still time to become an Appleton Park Explorer! You have until September 30, 2021 to complete the challenge of visiting as many City of Appleton Parks you can! Registration is free and all you need is a smartphone to complete the missions. Each park contains 3-9 missions that include taking pictures, answering questions, capturing videos of activities, and much more! They will be easily captured in the GooseChase app sponsored by SCHEELS®. We can’t wait to see our community accept the challenge and spend time in our parks. Become an Appleton Park Explorer and become eligible for some amazing prizes. Like Appleton Park and Rec on Facebook and follow on Instagram for the latest updates.

#appletonparkexplorer
#leavenoparkleftunplayed

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**GLOW IN THE PARK**
Mark your calendar for October 23! Back for another year, our Glow in the Park event is sure to be a family hit once again. Bring your ghosts and goblins to Appleton Memorial Park for this ghoulishly fun event. Family friendly trick-or-treating, an illuminated story walk, glow sticks, and goodie bags will all be a part of the fun. Watch our website and Facebook page for full details coming soon.

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**PARENT’S NIGHT OUT**
Are you are looking to enjoy a night out, or want to get some holiday shopping done alone? Let us entertain your children with an evening filled with games, crafts, and a movie. The fee also includes a pizza dinner. You can’t beat this deal!

**AGES:** 5-12
**DAY/DATE:** Friday, December 3
**TIME:** 5:00-8:30 p.m.
**LOCATION:** Studio 2A, City Center Plaza
**FEE:** $7.50 resident, $12.50 non-resident
**CLASS #:** 462130-F1

**REGISTRATION DEADLINE:** Wednesday, December 1

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**A DAY IN THE PARK FOR THE YOUNG AT HEART**
Formerly the Fox Cities Senior Games
Join us for Bingo, lunch, entertainment, and prizes! See registration brochure (which can be found at ymcafoxcities.org) for pickup locations and times). Event is held rain or shine; no refunds.

**AGES:** 55+
**DAY/DATE:** Tuesday, September 14
**TIME:** 9:00 a.m.-12:30 p.m.
**LOCATION:** Pierce Park Pavilion, 1035 W. Prospect Ave.

**REGISTRATION:** For more information on registration and fees, please contact any of the Fox Cities YMCAs Member Services or online at ymcafoxcities.org.
Early Childhood Programs

FAMILY BOOKWORM TOTS
Bring books to life through story-telling, art, and sensory exploration. Each week will spotlight a different children’s author and their beloved literature.

Guidelines: This is a parent/child class so all children must be accompanied by an adult at all times.

Resident/Non-Resident Fee: $35/$60
Location: Scheig Center in Memorial Park
* No classes November 26

CLASS | AGES | DAY/DATES | TIME | CLASS #
--- | --- | --- | --- | ---
Family Bookworm Tots | 2-4 | Fridays / October 29 – December 10 | 9:00-9:45 a.m. | 411114-F1

FAMILY NATURE TOTS-FALL
Children and their caregivers will explore together through stations based on nature, movement, art exploration, children’s literature, and learning through play activities. Some class time will be spent outdoors in the gardens, so come dressed for the weather.

Guidelines: This is a parent/child class so all children must be accompanied by an adult at all times.

Resident/Non-Resident Fee: $35/$60
Location: Scheig Center in Appleton Memorial Park
* No classes November 26

CLASS | AGES | DAY/DATES | TIME | CLASS #
--- | --- | --- | --- | ---
Family Nature Tots | 2-4 | Fridays / October 29 – December 10 | 10:00-10:45 a.m. | 411113-F1

FAMILY PICASSO TOTS
Little artists and their caregivers will learn about famous artists through story time and then create masterpieces inspired by them and their works. We will use a process art method that promotes self-expression and emphasizes exploring the child’s creativity over the end product. This is a 6-week class.

Guidelines: This is a parent/child class so all children must be accompanied by an adult at all times.

Resident/Non-Resident Fee: $35/$60
Location: Scheig Center in Appleton Memorial Park

CLASS | AGES | DAY/DATES | TIME | CLASS #
--- | --- | --- | --- | ---
Family Picasso Tots | 2-4 | Fridays / February 4 – March 11 | 9:00-9:45 a.m. | 111112-F1

FAMILY NATURE TOTS-WINTER
Children and their caregivers will explore together through stations based on nature, movement, art exploration, children’s literature, and learning through play activities. Some class time will be spent outdoors in the gardens, so come dressed for the weather.

Guidelines: This is a parent/child class so all children must be accompanied by an adult at all times.

Resident/Non-Resident Fee: $35/$60
Location: Scheig Center in Memorial Park

CLASS | AGES | DAY/DATES | TIME | CLASS #
--- | --- | --- | --- | ---
Family Nature Tots | 2-4 | Fridays / February 4 – March 11 | 10:00-10:45 a.m. | 111107-F1
Early Childhood Programs

FAMILY GROOVY TOTS
Groovy Tots is a meaningful way for our children to connect with each other through music. Learn creative movements and engaging beats while exploring instruments and genres of music. 
**Guidelines:** This is a parent/child class so all children must be accompanied by an adult at all times.

**Resident/Non-Resident Fee:** $30/$55

**Location:** (Wednesdays) City Center Plaza, 2nd Floor in Studio 3, (Friday) at Scheig Center in Appleton Memorial Park

*No classes November 24, 26

<table>
<thead>
<tr>
<th>CLASS</th>
<th>AGES</th>
<th>DAY/DATES</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Groovy Tots</td>
<td>0-4</td>
<td>Wednesdays / September 8 – October 13</td>
<td>12:30-1:00 p.m.</td>
<td>411106-W1</td>
</tr>
<tr>
<td>Groovy Tots</td>
<td>0-4</td>
<td>Fridays / September 10 – October 15</td>
<td>11:00-11:30 a.m.</td>
<td>411106-F1</td>
</tr>
<tr>
<td>Groovy Tots</td>
<td>0-4</td>
<td>Fridays / October 29 – December 10</td>
<td>11:00-11:30 a.m.</td>
<td>411106-F2</td>
</tr>
<tr>
<td>Groovy Tots</td>
<td>0-4</td>
<td>Fridays / February 4 – March 11</td>
<td>11:00-11:30 a.m.</td>
<td>111106-F1</td>
</tr>
</tbody>
</table>

FAMILY ADVENTURE TOTS
Children and their caregivers will go on a different adventure each week, including camping, a safari trip, a teddy bear picnic, and a trip to outer space! This class will include hands on activities using process art, movement, music, and creative play.

**Guidelines:** This is a parent/child class so all children must be accompanied by an adult at all times.

**Resident/Non-Resident Fee:** $35/$60

**Location:** Scheig Center in Appleton Memorial Park

<table>
<thead>
<tr>
<th>CLASS</th>
<th>AGES</th>
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<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Adventure Tots</td>
<td>2-4</td>
<td>Fridays / September 10 – October 15</td>
<td>9:00-9:45 a.m.</td>
<td>411107-F1</td>
</tr>
</tbody>
</table>

FAMILY NATURE TOTS-ANIMALS
Come learn with us as we learn all about animals, dinosaurs, insects, and ocean life! We will explore nature through process art, music, storytelling and fun games. Some class time will be spent outdoors in the gardens, so come dressed for the weather.

**Guidelines:** This is a parent/child class so all children must be accompanied by an adult at all times.

**Resident/Non-Resident Fee:** $35/$60

**Location:** Scheig Center in Memorial Park

<table>
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<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Nature Tots</td>
<td>3-5</td>
<td>Fridays/ September 10 – October 15</td>
<td>10:00-10:45 a.m.</td>
<td>411108-F1</td>
</tr>
</tbody>
</table>

AFTERNOON TOTS
Afternoon Tots is designed for the child who no longer takes naps and is ready to be apart from their caregiver for a short time in this independent class. We will explore through hands-on activities such as building, painting, and messy play!

**Guidelines** Children must be toilet trained and use the bathroom independently. Parents may not leave the City Center building during class.

**Resident/Non-Resident Fee:** $35/$60

**Location:** City Center Plaza, 2nd Floor in Studio 3

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<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>Afternoon Tots</td>
<td>3-4</td>
<td>Wednesdays / September 8 – October 13</td>
<td>1:15-2:00 p.m.</td>
<td>411109-W1</td>
</tr>
</tbody>
</table>

920-832-5905
Unity Dance Academy (UDA) is a non-competitive dance program offered by Appleton Parks and Recreation. UDA is a family-oriented dance studio where everyone feels welcome. Our goal is simple: to offer superior instruction in a wide variety of dance genres. Class & skill level descriptions, attire requirements, and etiquette/expectations are available at www.appletonparkandrec.org.

Registration received after August 23rd will require an additional $10 fee.
Final deadline for all registration is September 20!

**LOCATION:** City Center Plaza, 2nd floor, Studios 1, 2, & 3

**FEE:**
- Youth Beginner classes – $85/resident, $110/non-resident
- Youth Intermediate & Advanced classes – $100 resident, $125 non-resident

**COSTUME:** Participants should anticipate an additional cost for costumes of approximately $48-$69. Costume payments will be due by October 12, 2021.

**RECITAL:** Students perform in the recital scheduled at the completion of the season. Recital dates are March 25 & 26 at North High School

**NO CLASSES:**
- November 22-25, 2021 (Thanksgiving Break)
- December 20-31, 2021 (Christmas Break)

**PARENT INFORMATIONAL MEETING:**
- Wednesday, August 25th from 6:00 - 7:00 p.m. (Zoom meeting, link will be emailed)

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**Acrobatics**

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>AGE</th>
<th>DAY</th>
<th>TIME</th>
<th>LOCATION</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beginner</td>
<td>5-7</td>
<td>Tuesday</td>
<td>4:30-5:00 p.m.</td>
<td>Studio 3</td>
<td>412105-T1</td>
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<tr>
<td>Beginner</td>
<td>5-7</td>
<td>Thursday</td>
<td>4:25-4:55 p.m.</td>
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<td>412105-H1</td>
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<td>7-9</td>
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<td>412105-T2</td>
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(ACRO ADVANCED CLASSES NEED APPROVAL)

<table>
<thead>
<tr>
<th>Class</th>
<th>Level</th>
<th>AGE</th>
<th>DAY</th>
<th>TIME</th>
<th>Location</th>
<th>Class #</th>
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<tr>
<td>Ballet</td>
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<td>4-6</td>
<td>Thursday</td>
<td>5:10-5:40 p.m.</td>
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<td>6-8</td>
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<td>Tuesday</td>
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(ALL POINTE CLASSES NEED APPROVAL)
### Unity Dance Academy

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<tr>
<th>CLASS</th>
<th>LEVEL</th>
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<th>DAY</th>
<th>TIME</th>
<th>LOCATION</th>
<th>CLASS #</th>
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<tr>
<td>Hip Hop</td>
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<td>4-6</td>
<td>Monday</td>
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<td>9-11</td>
<td>Tuesday</td>
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<td>412101-M2</td>
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<td>8-10</td>
<td>Thursday</td>
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<td>Tuesday</td>
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<td>412102-T3</td>
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<td>412102-H3</td>
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<tr>
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<td>Musical Theater</td>
<td>Beginner</td>
<td>5-10</td>
<td>Monday</td>
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<td>Wednesday</td>
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<td>412114-W1</td>
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<td>Tap</td>
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<td>4-6</td>
<td>Monday</td>
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<td>412104-M1</td>
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</table>
Unity Dance Academy

PRESCHOOL DANCE & TUMBLING CLASSES
TAP-JAZZ-BALLET
These are introductory classes to learn the beginning movements and terminology of dance. Students are welcomed into the world of dance by experienced teachers and are encouraged to learn while having fun. Instruction includes progressions, center work, and learning a dance featuring rhythm and movement to a variety of music. Attire: Comfortable clothing, ballet slippers (optional), and tap shoes. This is a 9-week program.

LOCATION: Studio 1, 2nd floor of City Center
FEE: $45/resident, $70/non-resident
FALL SESSION: October 2 – December 11 (No classes on October 23 & November 27)
WINTER SESSION: January 8- March 5

<table>
<thead>
<tr>
<th>CLASS</th>
<th>AGES</th>
<th>DAY</th>
<th>TIME</th>
<th>FALL CLASS #</th>
<th>WINTER CLASS #</th>
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<tr>
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<td>3-5</td>
<td>Saturday</td>
<td>9:00-9:30 a.m.</td>
<td>411603-S1</td>
<td>111603-S1</td>
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<td>111603-S2</td>
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<td>10:45-11:15 a.m.</td>
<td>411603-S4</td>
<td>111603-S4</td>
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</table>

TUMBLING
Your child will develop muscle control, coordination, balance, strength, flexibility, and poise while learning basic tumbling moves and having fun! Attire: comfortable clothes and bare feet.

LOCATION: Studio 3, 2nd floor of City Center
FEE: $45/resident, $70/non-resident
FALL SESSION: October 2 – December 11 (No classes on October 23 & November 27)
WINTER SESSION: January 8- March 5

<table>
<thead>
<tr>
<th>CLASS</th>
<th>AGES</th>
<th>DAY</th>
<th>TIME</th>
<th>FALL CLASS #</th>
<th>WINTER CLASS #</th>
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<tr>
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<td>3-5</td>
<td>Saturday</td>
<td>9:00-9:30 a.m.</td>
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<td>10:45-11:15 a.m.</td>
<td>411614-S4</td>
<td>111614-S4</td>
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</table>
ABOUT OUR YOUTH SPORTS LEAGUES:
Appleton Parks and Recreation is committed to providing a high quality youth sports experience for our participants, parents, coaches, and spectators. All of our youth sports leagues are driven by a firm commitment to a set of consistent core values – Inclusion, Skill-Development, Family Balance, and Lifelong Enjoyment of the game. To learn more about our program philosophy and for details about our available leagues, visit www.appletonparkandrec.org or email aprdsports@appleton.org.

TEEN CORE PROGRAMMING:
Leagues below that contain the Teen Core apple logo are a part of our teen recreation initiative. Teen Core is an opportunity for teens ages 12-15 to participate in the sports and activities they love, or try something new, in an inclusive, recreational setting that stresses skill development, teamwork, and promotes lifelong participation. For more information about the Teen Core initiative, please see page 5 of this Activity Guide.

ADULT FLAG FOOTBALL LEAGUE
Join Appleton Parks and Recreation on Wednesday evenings at Memorial Park for Adult Flag Football! Play format is 7 on 7 with two 20 minutes halves. Each team will play a 5-game regular season followed by a single elimination tournament. Teams will be placed in either a competitive or recreational division. Depending on number of teams, games will begin at 5:30 p.m., (earlier for playoffs). Registration Deadline for each team is August 6.
AGES: 18 and over
DAY/DATE: Wednesday, August 25 – September 22 single elimination tournament begins September 29
TIME: 5:30 p.m. earliest start time, games on the hour
LOCATION: Appleton Memorial Park Ball Diamonds
FEE: $285 per team

VOLUNTEER COACHES:
Our sports programs rely on great volunteer coaches and coaching is a rewarding way to positively impact the lives of our young athletes. We provide comprehensive training and lesson materials which enable all of our volunteers to be successful, so if you have the skills and confidence to lead and encourage kids, then you already have what it takes to be a great coach! Indicate your interest in coaching under the “Coach Sign Up” section during registration.

<table>
<thead>
<tr>
<th>LEAGUE</th>
<th>AGES</th>
<th>DAY/DATES</th>
<th>TIME</th>
<th>LOCATION</th>
<th>FEE RESIDENT/ NON-RESIDENT</th>
<th>EARLY BIRD DEADLINE/ FINAL DEADLINE*</th>
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<tbody>
<tr>
<td>Youth Soccer (Boys &amp; Girls)</td>
<td>Entering Grades K-8</td>
<td>Saturdays Sept. 11 to Oct. 23</td>
<td>8:00 a.m.-4:00 p.m. (game start times will vary)</td>
<td>Scheels USA Youth Sports Complex</td>
<td>$30/$55 Early Bird</td>
<td>July 7, 2021* July 21, 2021</td>
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<tr>
<td>Youth Coed Flag Football</td>
<td>Entering Grades 1-8</td>
<td>Tuesdays Sept. 7 to Oct. 12</td>
<td>5:30-8:30 p.m. (game start times will vary)</td>
<td>Appleton Memorial Park</td>
<td>$30/$55 Early Bird</td>
<td>July 7, 2021* July 21, 2021</td>
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<tr>
<td>Youth Basketball (Boys &amp; Girls)</td>
<td>Grades K-8</td>
<td>Saturdays Jan. 8 to Feb. 26, 2022</td>
<td>8:30 a.m.-4:00 p.m. (game start times will vary)</td>
<td>Einstein, Madison, and Huntley Schools</td>
<td>$35/$60 Early Bird</td>
<td>Nov. 3, 2021* Nov. 17, 2021</td>
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</tbody>
</table>

*Registrations received prior to the Early Bird deadline receive a $10 discount off our standard fee!
SWEAT. SMILE. REPEAT.
FITNESS THROUGH APRD FOR AGES 16+

CARDIO CORE
This cardio class will focus on dynamic core stabilizing exercises while getting the heart rate pumping. Improve your balance, stability, endurance, and heart health. All levels welcome. **FEE CODE:A**
LOCATION: City Center Plaza, 2nd Floor Studios, 100 N. Appleton Street

CARDIO FUNK
Who said fitness is all work and no fun? Come join this “funky” cardio class dancing to upbeat music while toning your core, lower and upper body all while having a great time! **FEE CODE:A**
LOCATION: City Center Plaza, 2nd floor Studios, 100 N. Appleton Street (Fall 1 session may move outdoors if weather permits)

PURE STRENGTH
Research has proven that by adding lean muscle to the body you can speed up your metabolism and burn more calories while working out and at rest. Through a variety of exercises, this class builds strength in the upper and lower body, while toning the core using a variety of equipment (All Levels). **FEE CODE:A**
LOCATION: City Center Plaza, 2nd floor Studios, 100 N. Appleton Street (Fall 1 session may move outdoors if weather permits)

ADVANCED STRONGBODIES- (2 DAYS/WK CLASS)
StrongBodies will catalyze positive change in men & women of all ages to live stronger, healthier lives by providing knowledge, inspiration, and ongoing support. The benefits of strength training for older men and women include increased muscle mass and strength, improved bone density and reduced risk for osteoporosis and related fractures. The instructor is a certified Advanced Strong Bodies Instructor. **FEE CODE:B**
LOCATION: Scheig Center- 1313 E. Witzke Blvd.

TAI CHI
Tai Chi, a Chinese martial art, has proven to improve posture, balance, circulation, and increase mental focus and general well-being. You will experience a full body workout using gentle and meditative movements. This class is for all ages regardless of your skill level. **FEE CODE:A**
LOCATION: City Center Plaza, 2nd floor Studios, 100 N. Appleton Street

YOGA
Our classes are accessible to everyone, beginners and experienced students alike, regardless of your flexibility or level of fitness. Classes are designed to provide you with flexibility, toning, and balance. Please bring your own mat(s) and wear comfortable clothing that does not restrict movement. **FEE CODE:A**
LOCATION: Scheig Center, 1313 E. Witzke Blvd.

ZUMBA®
Zumba® classes feature rhythms set to high-energy Latin and international beats. Before you know it, you are getting fit and your energy levels are soaring! There is no other fitness class like a Zumba® Fitness-Party. It’s easy to do, effective, and totally exhilarating. It’s a dance-fitness class that feels friendly and most of all, fun. **FEE CODE:A**
LOCATION: City Center Plaza, 2nd floor Studios, 100 N. Appleton Street (Fall 1 session may move outdoors if weather permits)

**UPCOMING SESSIONS:**
Fall 1: August 30 – October 21 (no classes Sep 6-9) – 7 weeks
Fall 2: October 25 – December 16 (no classes Nov 22-25) – 7 weeks
Winter 1: January 3 – March 24 (no class Feb 14-17) – 11 weeks
Winter 2: April 11 – May 26 – 7 weeks

**FEE CODES (Resident / Non-Resident)**
Fall 1 & 2 and Winter 2 Session:
Code A ($17.50/$52.50) / Code B ($20.00/$55.00)
Winter 1 Session:
Code A ($27.50/$62.50) / Code B ($33.00/$68.00)
**Fitness & Wellness**

**Mindfulness with Joy Jordan**

Joy Jordan is a former statistics professor who left academia to better align her inner and outer lives. Now she teaches meditation and mindfulness. Joy’s classes include active practice, accessible exercises, and heartfelt teachings. Everyone is welcome! You can start right where you are. For descriptions of each class, visit the Appleton Parks and Recreation website.

**AGES:** 19+

**LOCATION:** Scheig Center (1313 E. Witzke Blvd.)

<table>
<thead>
<tr>
<th>CLASS</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mindfulness 101</td>
<td>Tuesdays</td>
<td>Sep 14 – Oct 12</td>
<td>5:30-6:30 PM</td>
<td>$45</td>
<td>414715-T1</td>
</tr>
<tr>
<td>Mindfulness 201</td>
<td>Tuesdays</td>
<td>Oct 19 – Nov 16</td>
<td>5:30-6:30 PM</td>
<td>$45</td>
<td>414715-T2</td>
</tr>
<tr>
<td>Mindfulness Mini-Retreat</td>
<td>Saturday</td>
<td>November 6</td>
<td>1:00-4:00 PM</td>
<td>$35</td>
<td>414715-T3</td>
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<tr>
<td>Mindfulness 101</td>
<td>Tuesdays</td>
<td>Feb 22 – Mar 22</td>
<td>5:30-6:30 PM</td>
<td>$45</td>
<td>114715-T1</td>
</tr>
<tr>
<td>Mindfulness Mini-Retreat</td>
<td>Saturday</td>
<td>February 26</td>
<td>1:00-4:00 PM</td>
<td>$35</td>
<td>114715-T2</td>
</tr>
</tbody>
</table>

**Mindfulness for Teens & Tweens with Christy Sprotte**

Christy Sprotte, founder of Fox Valley Mindful Learners and Nationally Certified Private Practice School Psychologist, has a passion for empowering youth to reach their full potential and achieve their dreams. Mindfulness skills teach your child to be more observant of the world around them. Mindfulness not only creates a greater awareness of the present moment, but it also helps your child grow these superpowers: develop analytical and creative thinking skills, strengthen self-control, increase attention span, promote positivity, and cultivate healthy coping skills.

**LOCATION:** Scheig Center (1313 E. Witzke Blvd.)

<table>
<thead>
<tr>
<th>CLASS</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
<th>AGE</th>
<th>CLASS #</th>
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<tr>
<td>Mindfulness Mysteries Retreat</td>
<td>Sunday</td>
<td>January 16</td>
<td>1:00-3:00 PM</td>
<td>$25</td>
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<td>Mindfulness for Tweens</td>
<td>Sundays</td>
<td>Feb 6 – Mar 6</td>
<td>4:00-5:00 PM</td>
<td>$45</td>
<td>9-12</td>
<td>114715-S2</td>
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<tr>
<td>Mindfulness for Teens</td>
<td>Sundays</td>
<td>Feb 6 – Mar 6</td>
<td>5:30-6:30 PM</td>
<td>$45</td>
<td>13-17</td>
<td>114715-S3</td>
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**Fox Valley Mindful Learners**

**SUPER SLEUTHING**

Master Mindfulness
Unlock the Mystery of Your Mind!
ADULT BAND AND ORCHESTRA
Did you play an instrument back in school? Have you always wanted to play an instrument? Think you’re too old to learn or play again? There is a perfect musical community for you! We are teaming up with New Horizons Music Fox Valley, a great local organization that provides affordable music education, training, and performance opportunities for adults of any level of musical experience, who desire to play in a community band or orchestra. Beginners welcome! No auditions required. Join us to have fun, make music, and make new friends!

AGES: Adults 18+ (all experience levels welcome!)
DAY/DATE: Tuesdays, January 25 - February 22
Concert will be held Sunday, February 27
TIME: 6:30 – 8:30 p.m.
LOCATION: BAND – Fox Valley Lutheran H.S.,
ORCHESTRA – First English Lutheran Church – North Campus
FEE: Band $70, Orchestra $90
CLASS #: BAND – #115702-T1
ORCHESTRA (strings only) – #115702-T3

SPANISH BEGINNER, INTERMEDIATE, & ADVANCED CLASSES
Instruction in conversation, vocabulary, verb tenses, audio/visual listening comprehension, and written exercises. All Spanish classes include expanded vocabulary and reading selections. Classes are designed for participants age 21+.

LOCATION: Appleton Public Library (225 N. Oneida Street)
DAY: Tuesdays
FALL SESSION: September 14–December 14 (14 Week Session)
FEE: $58 Resident, $93 Non-Resident, additional fee for book
WINTER I SESSION: January 11–February 15 (6 Week Session)
FEE: $25 Resident, $60 Non-Resident, additional fee for book
WINTER II SESSION: February 22–May 24 (14 Week Session)
FEE: $58 Resident, $93 Non-Resident, additional fee for book

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>TIME</th>
<th>FALL CLASS #</th>
<th>WINTER I CLASS #</th>
<th>WINTER II CLASS #</th>
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<tbody>
<tr>
<td>Spanish Beginner I</td>
<td>5:30-6:30 p.m.</td>
<td>415704-T5</td>
<td>115704-T8</td>
<td>115704-T9</td>
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<tr>
<td>Spanish Beginner II</td>
<td>1:45-2:45 p.m.</td>
<td>415704-T1</td>
<td>115704-T1</td>
<td>115704-T4</td>
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<td>Spanish Intermediate</td>
<td>12:30-1:30 p.m.</td>
<td>415704-T3</td>
<td>115704-T3</td>
<td>115704-T6</td>
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<td>Spanish Advanced</td>
<td>3:00-4:00 p.m.</td>
<td>415704-T2</td>
<td>115704-T2</td>
<td>115704-T5</td>
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<tr>
<td>Spanish Conversation</td>
<td>4:15-5:15 p.m.</td>
<td>415704-C1</td>
<td>115704-C1</td>
<td>115704-C2</td>
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</tbody>
</table>

SEED GUILD
Wild Food Foraging
Wild food gathering is a useful skill often underappreciated and misunderstood. We'll discover a delightful variety of foods that can be gathered in fall from the wild and unpack safe harvesting practices, how to properly ID plants, as well as how to prepare them. Samples will be provided, yum!

AGE: 12+
DATE: October 14th, 2021
TIME: 6:00-8:00 p.m.
LOCATION: Scheig Center, 1313 East Witzke Blvd, Appleton
FEE: $25
CLASS #: 414707-H2
### Adult Dance Classes

**BELLY DANCE CLASSES OFFERED THROUGH NAVAH MIRAGE!**

Come experience the art of Belly Dance as we joyfully explore techniques, combinations, fitness, and fun in this mixed level session. Prepare to make new friends in a high energy class setting. Try the technique class if you are beginner and want to learn the ropes or if you are advanced and want to work on refinement of movement. The choreography class will be focused on learning dances and combinations.

**LOCATION:** City Center Plaza, 2nd floor, Studio 2

<table>
<thead>
<tr>
<th>AGES</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
<th>CLASS #</th>
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<tbody>
<tr>
<td>19+</td>
<td>Wednesday Technique</td>
<td>Sept. 1 – Nov 17</td>
<td>5:45-6:45 p.m.</td>
<td>$110</td>
<td>414108-W1</td>
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<tr>
<td>19+</td>
<td>Wednesday Choreography</td>
<td>Sept. 1 – Nov 17</td>
<td>7:00-8:00 p.m.</td>
<td>$110</td>
<td>414108-W2</td>
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<tr>
<td>19+</td>
<td>Wednesday Technique</td>
<td>Dec. 1, 8, 15</td>
<td>5:45-6:45 p.m.</td>
<td>$45</td>
<td>414108-W3</td>
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<td>19+</td>
<td>Wednesday Choreography</td>
<td>Dec. 1, 8, 15</td>
<td>7:00-8:00 p.m.</td>
<td>$45</td>
<td>414108-W4</td>
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<tr>
<td>19+</td>
<td>Wednesday Technique</td>
<td>Jan 5 – Feb 23</td>
<td>5:45-6:45 p.m.</td>
<td>$96</td>
<td>114108-W1</td>
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<td>19+</td>
<td>Wednesday Choreography</td>
<td>Jan 5 – Feb 23</td>
<td>7:00-8:00 p.m.</td>
<td>$96</td>
<td>114108-W2</td>
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</table>

### Adult Tap

This class teaches rhythmic skills, coordination, precision, and musicality for ALL LEVELS. Participants will learn tap fundamentals, steps, and combinations as well as explore a variety of tap styles. Bring a friend and enjoy this timeless art that gets better with age.

**LOCATION:** City Center Plaza, 2nd floor, Studio 1

**FALL SESSION:** September 15 – November 17

**WINTER SESSION:** January 5 – March 2

<table>
<thead>
<tr>
<th>AGES</th>
<th>DAY</th>
<th>TIME</th>
<th>RES/NON-RES</th>
<th>FALL CLASS #</th>
<th>WINTER CLASS #</th>
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<tr>
<td>19+</td>
<td>Wednesday</td>
<td>7:30-8:10 p.m.</td>
<td>$45/$80</td>
<td>414104-W1</td>
<td>114104-W1</td>
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</tbody>
</table>

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**Make Sure You Check Out**

**The Story Walk At**

**Appleton Memorial Park!**

**New Books Each Month!**
WINTER RECREATION AREAS
Take advantage of the great outdoors and the numerous winter recreational opportunities we have to offer right in your backyard! Spend an afternoon or evening with your family at one of our winter recreation areas throughout the City that include various activities such as sledding, ice skating, and cross country skiing. We are happy to provide warming facilities at Jones Park and Reid Golf Course from **Sunday, December 26 through Sunday, February 20**. These facilities will be supervised warming areas with restrooms and concessions.

WARMING FACILITIES
HOURS OF OPERATION

Reid Golf Course:
Saturday and Sunday, 12:00-6:00 p.m.

Jones Park:
Monday – Friday, 5:30-9:00 p.m.
Saturday and Sunday – 12:00-8:00 p.m.

Check out our extended hours for winter break on our website or on our Facebook page.

Please note that Warming Facilities may close early due to lack of attendance or weather conditions.

**Snow Shoe Areas**
*** Snow Shoeing is allowed in all parks, just not on groomed trails.

<table>
<thead>
<tr>
<th>PARK</th>
<th>ADDRESS</th>
<th>Sledding Hill</th>
<th>Recreation Ice Skating</th>
<th>Ice Hockey</th>
<th>Lighted Ice Skating Rinks</th>
<th>Restrooms</th>
<th>Concessions</th>
<th>Groomed Cross Country Ski Trails</th>
<th>Snow Shoe Areas</th>
<th>Fat Tire Bike Trail</th>
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</thead>
<tbody>
<tr>
<td>Appleton Memorial Park</td>
<td>1620 Witzke Blvd.</td>
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<tr>
<td>Colony Oaks Park</td>
<td>801 Briarcliff Dr.</td>
<td></td>
<td></td>
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<td></td>
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<td></td>
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<tr>
<td>Erb Park</td>
<td>1800 N. Morrison St.</td>
<td>X X</td>
<td></td>
<td></td>
<td></td>
<td>X</td>
<td>X X</td>
<td></td>
<td></td>
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<tr>
<td>Highview Park</td>
<td>110 W. Wayfarer Ln.</td>
<td></td>
<td></td>
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<td></td>
<td>X</td>
<td>X</td>
<td></td>
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<tr>
<td>Jones Park</td>
<td>301 W. Lawrence St.</td>
<td>X X X X X</td>
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<tr>
<td>Pierce Park</td>
<td>1035 W. Prospect Ave.</td>
<td>X X</td>
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<tr>
<td>Reid Golf Course</td>
<td>1100 E. Fremont St.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>X</td>
<td>X X</td>
<td>X X X X X X</td>
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<td></td>
</tr>
</tbody>
</table>

*Do not make jumps on any sledding hills and obey all rule signs posted

**Hockey only allowed on designated hockey rinks

*** Snow Shoeing is allowed in all parks, just not on groomed trails.
WINTER BREAK OPEN SWIM AT WEST POOL
Plan some swimming fun for you and your entire family. Appleton Parks and Recreation will offer open and lap swim at West Pool in December during winter break.

DATES: Dec. 26–31
(Pool closed December 24, 25, and January 1)

TIME: Lap Swim – 12:00-1:00 p.m.
Open Swim – 1:00-4:30 p.m.

FEES: Ages 3 and under – FREE
4 to 17 – $3
18 to 61 – $4
62+ – $3

WINTER BREAK WARMING FACILITIES HOURS
Join us at our Winter Recreation Areas for some outdoor fun during break! Jones Park and Reid Golf Course warming facilities will be open December 26 – 30 from 12:00-6:00 p.m. and December 31 from 12:00-4:00 p.m. All warming facilities will be closed December 24, 25, and January 1. The warming facilities have concessions and restrooms available.

WINTER BREAK OPEN GYM
Let’s keep the kids active over winter break at Open Gym. We will have a variety of sports equipment and activities available! Open Gym is fully supervised but parents are welcome and encouraged to attend.

AGES: Kindergarten through 8th grade

DATES: December 27 – 30

TIME: 1:00-4:00 p.m.

LOCATIONS: Ferber Elementary School (K-5th grade)
McKinley Elementary School (K-8th grade)

FEE: FREE!!

WINTER BREAK FREE OPEN SKATE – APPLETON FAMILY ICE CENTER

DATE: December 30

TIME: 11:00 a.m. - 1:00 p.m.

FEE: 18 and under – FREE
($3 skate rentals)
## EAST POOL FALL SWIM LESSONS

2121 Emmer Dr.
Enter East High School off of Schaefer Street, entrance #25

**FEE:** $32.50 resident, $57.50 non-resident

**DAY/DATES:**
- Mondays: September 13 to November 15
- Wednesdays: September 15 to November 17

## WEST POOL FALL SWIM LESSONS

610 N. Badger Ave - Enter door #31 located behind the football field

**FEE:** $32.50 resident, $57.50 non-resident

**DAY/DATES:**
- Mondays: September 13 to November 15
- Thursdays: September 9 to November 18 (no class October 21)
- Saturdays: September 11 to November 20 (no class October 23)

### EAST POOL FALL SWIM LESSONS

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>DAY</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent/Child</td>
<td>Monday</td>
<td>6:00-6:30 p.m.</td>
<td>431201-M1</td>
</tr>
<tr>
<td></td>
<td>Wednesday</td>
<td>6:00-6:30 p.m.</td>
<td>431201-W1</td>
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<tr>
<td>Preschool</td>
<td>Monday</td>
<td>6:00-6:30 p.m.</td>
<td>431202-M1</td>
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<tr>
<td>Beginners</td>
<td>Monday</td>
<td>6:30-7:00 p.m.</td>
<td>431202-M2</td>
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<tr>
<td></td>
<td>Wednesday</td>
<td>6:00-6:30 p.m.</td>
<td>431202-W1</td>
</tr>
<tr>
<td>Kindergarten</td>
<td>Monday</td>
<td>6:30-7:00 p.m.</td>
<td>431203-M1</td>
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<tr>
<td>Intermediate</td>
<td>Wednesday</td>
<td>6:30-7:00 p.m.</td>
<td>431203-W1</td>
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<td>Wednesday</td>
<td>7:00-7:30 p.m.</td>
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<tr>
<td>Level 1</td>
<td>Monday</td>
<td>7:00-7:30 p.m.</td>
<td>432210-M1</td>
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<td>Wednesday</td>
<td>6:30-7:00 p.m.</td>
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<tr>
<td>Level 2</td>
<td>Monday</td>
<td>7:00-7:30 p.m.</td>
<td>432220-M1</td>
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<td>Wednesday</td>
<td>7:00-7:30 p.m.</td>
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<td>Level 3</td>
<td>Monday</td>
<td>7:30-8:00 p.m.</td>
<td>432230-M1</td>
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<td>Wednesday</td>
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<td>Level 4a</td>
<td>Monday</td>
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<td>432241-M1</td>
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<td>Level 4b</td>
<td>Wednesday</td>
<td>7:30-8:15 p.m.</td>
<td>432242-W1</td>
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<tr>
<td>Level 5 &amp; 6</td>
<td>Wednesday</td>
<td>7:30-8:15 p.m.</td>
<td>432250-W1</td>
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</table>

### WEST POOL FALL SWIM LESSONS

2121 Emmers Dr.
Enter East High School off of Schaefer Street, entrance #25

**FEE:** $32.50 resident, $57.50 non-resident

**DAY/DATES:**
- Mondays: September 13 to November 15
- Wednesdays: September 15 to November 17

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>DAY</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent/Child</td>
<td>Monday</td>
<td>6:00-6:30 p.m.</td>
<td>431201-M1</td>
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<tr>
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<td>Thursday</td>
<td>6:00-6:30 p.m.</td>
<td>431201-H1</td>
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<td>Saturday</td>
<td>9:30-10:00 a.m.</td>
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<td>Preschool</td>
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<td>6:00-6:30 p.m.</td>
<td>431202-M1</td>
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<td>Beginners</td>
<td>Thursday</td>
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<td>9:30-10:00 a.m.</td>
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<td>Saturday</td>
<td>11:30 a.m.-12:00 p.m.</td>
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<td>Kindergarten</td>
<td>Monday</td>
<td>6:30-7:00 p.m.</td>
<td>431203-M1</td>
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<td>Intermediate</td>
<td>Thursday</td>
<td>6:30-7:00 p.m.</td>
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<td>Saturday</td>
<td>10:00-10:30 a.m.</td>
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<td>Saturday</td>
<td>10:30-11:00 a.m.</td>
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<td>Level 1</td>
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<td>Monday</td>
<td>7:00-7:30 p.m.</td>
<td>432210-M2</td>
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<tr>
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<td>Thursday</td>
<td>6:30-7:00 p.m.</td>
<td>432210-H1</td>
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<tr>
<td></td>
<td>Saturday</td>
<td>10:30-11:00 a.m.</td>
<td>432210-S1</td>
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<td>Level 2</td>
<td>Monday</td>
<td>7:00-7:30 p.m.</td>
<td>432220-M1</td>
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<td></td>
<td>Thursday</td>
<td>7:00-7:30 p.m.</td>
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<tr>
<td></td>
<td>Saturday</td>
<td>10:00-10:30 a.m.</td>
<td>432220-S1</td>
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<tr>
<td>Level 3</td>
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<td>7:30-8:00 p.m.</td>
<td>432230-M1</td>
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<td>Thursday</td>
<td>7:30-8:00 p.m.</td>
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<td>11:00-11:30 a.m.</td>
<td>432230-S1</td>
</tr>
<tr>
<td>Level 4a</td>
<td>Monday</td>
<td>7:30-8:00 p.m.</td>
<td>432240-M1</td>
</tr>
<tr>
<td></td>
<td>Thursday</td>
<td>7:00-7:30 p.m.</td>
<td>432240-H1</td>
</tr>
<tr>
<td></td>
<td>Saturday</td>
<td>11:00-11:30 a.m.</td>
<td>432240-S1</td>
</tr>
<tr>
<td>Level 4b</td>
<td>Thursday</td>
<td>7:30-8:15 p.m.</td>
<td>432241-H1</td>
</tr>
<tr>
<td></td>
<td>Saturday</td>
<td>10:00-10:45 a.m.</td>
<td>432241-S1</td>
</tr>
<tr>
<td>Level 5 &amp; 6</td>
<td>Thursday</td>
<td>7:30-8:15 p.m.</td>
<td>432250-H1</td>
</tr>
<tr>
<td>Adult</td>
<td>Monday</td>
<td>7:30-8:15 p.m.</td>
<td>434219-M1</td>
</tr>
<tr>
<td>Special Needs</td>
<td>Thursday</td>
<td>7:30-8:00 p.m.</td>
<td>432190-H1</td>
</tr>
</tbody>
</table>
**East & West Winter Swim Lessons**

**EAST POOL WINTER SWIM LESSONS**

2121 Emmers Dr.
Enter East High School off of Schaefer Street, entrance #25

**FEE:** $32.50 resident, $57.50 non-resident

**DAY/DATES:**
Mondays: January 31 to April 18
(no class February 14 & March 28)
Wednesdays: February 2 to April 13
(no class March 30)

**LEVEL** | **DAY** | **TIME** | **CLASS #**
--- | --- | --- | ---
Parent/Child | Monday | 6:00-6:30 p.m. | 131201-M1
                | Wednesday | 6:00-6:30 p.m. | 131201-W1
Preschool | Monday | 6:00-6:30 p.m. | 131202-M1
            | Thursday | 6:30-7:00 p.m. | 131202-H1
Kindergarten | Monday | 6:30-7:00 p.m. | 131203-M1
Intermediate | Wednesday | 6:30-7:00 p.m. | 131203-W1
                | Wednesday | 7:00-7:30 p.m. | 131203-W2
Level 1 | Monday | 7:00-7:30 p.m. | 132210-M1
            | Wednesday | 6:30-7:00 p.m. | 132210-W1
Level 2 | Monday | 7:00-7:30 p.m. | 132220-M1
            | Wednesday | 7:00-7:30 p.m. | 132220-W1
Level 3 | Monday | 7:30-8:00 p.m. | 132230-M1
            | Wednesday | 7:30-8:00 p.m. | 132230-W1
Level 4a | Monday | 7:30-8:00 p.m. | 132241-M1
Level 4b | Wednesday | 7:30-8:15 p.m. | 132242-W1
Level 5 & 6 | Wednesday | 7:30-8:15 p.m. | 132250-W1

**WEST POOL WINTER SWIM LESSONS**

610 N. Badger Ave
Enter door #31 located behind the football field

**FEE:** $32.50 resident, $57.50 non-resident

**DAY/DATES:**
Mondays: January 31 to April 18
(no class February 14 & March 28)
Wednesdays: February 2 to April 14
(no class March 31)
Saturdays: February 5 to April 16
(no class April 2)

**LEVEL** | **DAY** | **TIME** | **CLASS #**
--- | --- | --- | ---
Parent/Child | Monday | 6:00-6:30 p.m. | 131101-M1
                | Thursday | 6:00-6:30 p.m. | 131101-H1
                | Saturday | 9:30-10:00 a.m. | 131101-S1
Preschool | Monday | 6:00-6:30 p.m. | 131102-M1
            | Thursday | 6:00-6:30 p.m. | 131102-H1
Kindergarten | Monday | 6:30-7:00 p.m. | 131103-M1
Intermediate | Wednesday | 6:30-7:00 p.m. | 131103-W1
                | Wednesday | 7:30-8:00 p.m. | 131103-W2
Level 1 | Monday | 7:00-7:30 p.m. | 132110-M1
            | Wednesday | 6:30-7:00 p.m. | 132110-W1
Level 2 | Monday | 7:00-7:30 p.m. | 132120-M1
            | Thursday | 7:30-8:00 p.m. | 132120-H1
Level 3 | Monday | 7:30-8:00 p.m. | 132130-M1
            | Thursday | 7:30-8:00 p.m. | 132130-H1
Level 4a | Monday | 7:30-8:00 p.m. | 132141-M1
Level 4b | Wednesday | 7:30-8:15 p.m. | 132142-W1
Level 5 & 6 | Wednesday | 7:30-8:15 p.m. | 132150-W1
Adult | Monday | 7:30-8:15 p.m. | 132199-M1
Special Needs | Thursday | 7:30-8:00 p.m. | 132190-H1

920-832-5905
Pool Information

OPEN & LAP SWIM AT WEST POOL
Open Saturday, September 11, 2021 to Sunday, May 15, 2022
610 N. Badger Ave. in West High School – Please use entrance #31 behind the football field.

West Pool offers two diving boards, lap lanes, a basketball hoop, and more! Water temperature is a constant 80-82 degrees. West Pool also offers dedicated lap swimming times during the week and weekends. For updated monthly calendars, pool rules, and schedule changes, please visit our website at www.appletonparkandrec.org

Activity | Day | Time
--- | --- | ---
Lap Swim | Monday & Thursday | 8:00-9:00 p.m.
 | Saturday & Sunday | 12:00-1:00 p.m.
Open Swim | Wednesday & Friday | 6:00-8:00 p.m.
 | Saturday & Sunday | 1:00-4:30 p.m.

WEST POOL BIRTHDAY PARTY RENTALS
Looking for a fun and exciting way to spend your next birthday? Look no further because West Pool is the place to be! Your fee of $25 includes exclusive use of the lobby with seating for up to 16 people, along with two adult admissions and free admission for the birthday boy or girl! Additional open swim fees apply for all other guests. Call 920-832-3926 for complete details.

LIFEGUARD CERTIFICATION CLASS
Whether you are looking for a great summer job or career as a professional lifeguard, it all starts with the training! By passing this 10 week course, you will be qualified as a lifeguard and you can go after that job! Participants must be able to swim 300 yards continuously using front crawl or breaststroke, complete a timed brick retrieval within 1 minute 40 seconds, and tread water without the use of hands for 2 minutes. Course includes First Aid, AED, and CPR for the Professional Rescuer. Course books are provided on the first day of class. This certification is good for 2 years.

AGES: Must be 15 years of age on or before the last day of class
DAY/DATE: TBD, please check our website and Facebook page for details coming soon!

FIRST AID AND CPR
The primary purpose of the American Red Cross First Aid/CPR/AED program is to help participants recognize and respond appropriately to cardiac, breathing, and first aid emergencies. The courses in this program teach participants the knowledge and skills needed to give immediate care to an injured or ill person and to decide whether advanced medical care is needed.

<table>
<thead>
<tr>
<th>AGES</th>
<th>DAY</th>
<th>DATE</th>
<th>TIME</th>
<th>LOCATION</th>
<th>RES/NON-RES</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>10+</td>
<td>Thur</td>
<td>Oct. 14</td>
<td>5:30-9:30 p.m.</td>
<td>1819 Witzke Blvd.</td>
<td>$50/$55</td>
<td>416201-T1</td>
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<tr>
<td>10+</td>
<td>Thur</td>
<td>Jan. 13</td>
<td>5:30-9:30 p.m.</td>
<td>1819 Witzke Blvd.</td>
<td>$50/$55</td>
<td>114202-H1</td>
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<tr>
<td>10+</td>
<td>Thur</td>
<td>April 14</td>
<td>5:30-9:30 p.m.</td>
<td>1819 Witzke Blvd.</td>
<td>$50/$55</td>
<td>214202-H1</td>
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</tbody>
</table>

ANNUAL SWIM PASSES
Our annual swim pass offers the largest bargain for frequent swimmers at Erb and Mead pools during the summer months and West Pool during the off season! They also make excellent holiday presents for your favorite swimmer. For complete annual pass guidelines and order form, please see page 23 or visit our website at www.appletonparkandrec.org.

SWIM PUNCH CARDS
Not sure if you will fully utilize an annual swim pass? We have a solution for you – swim punch cards! Swim punch cards give you 12 discounted swim admissions. They are great for group admissions and may be purchased by both residents and non-residents. 2021 COUPONS EXPIRE December 31, 2021. Punch cards may be purchased at our Customer Service Center located at 100 N. Appleton St. or Mead, Erb, and West Pools during their open swim hours.

FEES: Youth Punch Card (ages 4-17) - $30
 | Adult Punch Card (ages 18-61) - $40
 | Senior Punch Card (ages 62+) - $30


Punch cards may be purchased at our Customer Service Center located at 100 N. Appleton St. or Mead, Erb, and West Pools during their open swim hours.


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 | Adult Punch Card (ages 18-61) - $40
 | Senior Punch Card (ages 62+) - $30

Pool Information

APPLETON PARKS AND RECREATION
2022 SWIM PASS ORDER FORM

• Annual swim passes are available to residents and non-residents of the City of Appleton
• 2010 – 2021 pass holders do not need to have a new photo taken unless desired. It is recommended that all children who had their picture taken prior to 2018 have their picture retaken.

• Passes will be mailed when order form is processed.
• All new passholders or children who need a new picture must come to the Customer Service Center at 100 N. Appleton St. to have their photo taken or they may do so at Mead & Erb Pools from June – August.
• Receipts will be issued for passes purchased. If all family members cannot be present at the time of purchase, they may come in separately to have their photos taken.

• PROOF OF RESIDENCY MAY BE REQUIRED AT TIME OF PURCHASE i.e. – driver’s license, utility bill (electric water, phone, credit card).
• Make checks payable to: City of Appleton.

FAMILY LAST NAME: ____________________________________________

ADDRESS: _____________________________________________________

PHONE #: _____________________________________________________

<table>
<thead>
<tr>
<th>List all pass holder's names</th>
<th>Date of Birth</th>
<th>Age</th>
</tr>
</thead>
<tbody>
<tr>
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</table>

<table>
<thead>
<tr>
<th>Swim Passes</th>
<th>Resident Annual Discount Price 11/18/21 - 5/5/22 (circle one)</th>
<th>Resident Annual Regular Price 5/6/22 - 12/30/22 (circle one)</th>
<th>Non-Resident Annual Regular Price 12/1/21 - 12/30/22 (circle one)</th>
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</thead>
<tbody>
<tr>
<td>YOUTH (AGES 4-17)</td>
<td>$40</td>
<td>$55</td>
<td>$80</td>
</tr>
<tr>
<td>ADULT</td>
<td>$55</td>
<td>$75</td>
<td>$110</td>
</tr>
<tr>
<td>SENIOR (AGES 62+)</td>
<td>$40</td>
<td>$55</td>
<td>$80</td>
</tr>
<tr>
<td>FAMILY OF 2</td>
<td>$75</td>
<td>$95</td>
<td>$135</td>
</tr>
<tr>
<td>FAMILY OF 3</td>
<td>$90</td>
<td>$115</td>
<td>$160</td>
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<tr>
<td>FAMILY OF 4</td>
<td>$105</td>
<td>$135</td>
<td>$185</td>
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<tr>
<td>FAMILY OF 5</td>
<td>$115</td>
<td>$150</td>
<td>$205</td>
</tr>
<tr>
<td>FAMILY OF 6 &amp; UP</td>
<td>$125</td>
<td>$160</td>
<td>$220</td>
</tr>
</tbody>
</table>

Join Our Team!

Apply Online:
apletonparkandrec.org/about-us/employment

SPORTS:
Youth Soccer Activity Coordinator
Youth Soccer Facility Supervisor
Youth Basketball Activity Coordinator
Youth Basketball Facility Supervisor
Fall Youth Soccer Official
Fall Youth Flag Football Official
Fall Adult Flag Football Official
Winter Youth Basketball Official

AQUATICS:
Lifeguards
Swim Instructors

WINTER WARMING FACILITIES:
Facility Managers
Concessionaires

INSTRUCTORS:
Dance Instructors
Early Childhood Instructors
Fitness Instructors

FLEXIBLE SCHEDULE & LOCATIONS
ADVANCEMENT OPPORTUNITIES
TRAINING & CERTIFICATIONS AVAILABLE

Applications for 2022 Summer Seasonal Positions are accepted starting January 1, 2022!

920-832-5905
23
CITY OF APPLETON PARKS AND TRAILS

The fall and winter are some of the best times to enjoy Appleton’s parks and trails! There are many acres of parks to utilize and miles of trails to explore. Don’t let the cooler weather keep you inside.

Check out our website www.appletonparkandrec.org for individual park photos, full list of park amenities with maps, and trail maps!

Reserving a Park Pavilion:
Did you know you can rent a park pavilion 12 months in advance of your rental date? You could start your 2022 summer event planning now!
• Pavilions are available for rent from May 1st to September 30th with the exception of Appleton Memorial Park Pavilion which is available year round.

Rentals are accepted 12 months in advance of the rental date on a first come, first service basis.
• Reservations can be made online at www.appletonparkandrec.org under facility rental or in person at City Hall 1st Floor Customer Service, 100 N. Appleton Street.
• A reservation agreement must be completed and appropriate fees paid in full to confirm the reservation.
• Check our website for criteria where your rental may be considered a “Special Event”. This may require additional fees or insurance considerations.

For questions, please contact our Customer Service Center at 920-832-5905.

Don’t forget you have until September 30 to become an Appleton Park Explorer.
See page 6 for details.
#appletonparkexplorer #leavenoparkleftunplayed

PARK PROJECTS

We have made some great progress on our 2021 park projects! We are excited to finish these areas to provide renovated resources, new recreation amenities, and updated facilities to our community. Follow us on Facebook and Instagram for updates or check out our park projects page on our website for the latest developments. Please take some time to check out what we have been working on!

• Design and permitting for the David and Rita Nelson River Crossing.
• New playground equipment at Linwood Park.
• Appleton Memorial Park parking lot reconstruction at the Appleton Ice Center and Universal Playground, including a new trail from Witzke Blvd. to the playground along with trail lighting from the parking lot to the pavilion/amphitheater.
• Construction of an ADA Fishing Pier at Telulah Park.
• Pierce Park trail reconstruction with lights and exercise stations.
• Planning and design of a future Pickleball Complex.

Telulah Fishing Pier

Pierce Park Trail
SCHIEG CENTER

The Scheig Center is located within Appleton Memorial Park and surrounded by the beautiful Scheig Center Gardens. This facility, as well as the gardens, are available for rent by the public year round. Rentals are available one year in advance and fill up quickly, so book your date now! The Scheig Center features a stunning cathedral ceiling with a natural look and feel through exposed wood beams and windows and doors overlooking the gardens. With a capacity of up to 75 people it is a great location to host events such as baby showers, bridal showers, graduation parties, holiday parties, and weddings!

RENTAL HOURS:
Saturday-Sunday 8:00 a.m. – 8:00 p.m.
(Monday-Friday rental times vary; please call Appleton Parks and Recreation Customer Service at 920-832-5905 to check availability.)

FRIENDS OF SCHIEG CENTER GARDENS

Friends of Scheig Center Gardens is a non-profit volunteer organization dedicated to the preservation, sustainability, and enhancement of the Gardens. Check the Friends of the Scheig Center Facebook page for news of their activities or visit www.appletonparkandrec.org for more information. Volunteers are always welcome and needed.
FALL RATES BEGIN TO TIER SEPTEMBER 13

Sign up for the Annual Fall 2-Pin Challenge October 23
Go to reidgolfcourse.org for more information

Thank you for coming out this season and choosing Reid Golf Course! Twilight golf is a great time to get in a round. Check with the Pro Shop for fall starting times. Reid Golf Course is now taking inquiries for golf leagues and outings for 2022! Contact us now to save your date.

1100 E. Fremont Street Appleton, WI • (920) 832-5926

A great place in your community to golf!
Book Your Tee Time at: www.reidgolfcourse.org

Follow Reid Golf Course for updates and specials!

Community Partners

Fox Valley Athletics
Register for our Fall Adult Softball Leagues
Men’s - Tuesday and Thursday Evenings
Coed - Thursday Evenings
LIMITED SPOTS AVAILABLE
Contact Eric Schaefer at 920-573-9300 foxvalleyathletics@gmail.com

APPLETON FAMILY ICE CENTER
1717 E. Witzke Blvd. in Appleton Memorial Park • 920-830-7679
www.appletonice.org

The Appleton Family Ice Center offers a variety of learn to skate opportunities, open skating, hockey camps and clinics, and more! Please check www.appletonice.org for more information on schedules and programs offered.
a world-class education

IS CLOSER THAN YOU THINK.

We look forward to welcoming the Fox Valley community back to campus for events, performances, and venue rentals. For the latest information, visit

GO.LAWRENCE.EDU/ATW22

Lawrence University
APPLETON, WISCONSIN