

## Appleton Parks & Recreation Department



### Teen Core 2018 Baseball / Softball League Rules

	<b>TEEN CORE</b>
Duration of Game	20-30 minute warmup / 90 minute game
Innings	6 innings max (no new innings after 8:45pm)
Number of fielders	10
Players to start	Must have 8
Ball Used	11" Standard Softball
Base Length	60 ft.
Pitching Rubber	40 Feet
Pitching Style	Modified Fast Pitch (3 o'clock - 9 o'clock)
Fielder Mask	Must be worn by Pitcher
Catcher's Gear	Must be worn by Catcher
Pitcher	3 Innings Max
Batting Order	Alternate Boy / Girl when possible
Strikes	Swinging Only - No called balls or strikes. Strikeout will only occur on 3 swings and misses or combination of foul balls and swings and misses.
Base on Balls	No - Batter will only advance on ball in play
Infield Fly Rule	No
Sliding	Yes
Bunting	No
Stealing	No
Overthrows	Maximum of 1 extra base on overthrow.
Umpire(s)	2
Scorekeeper	Home Umpire
Score Kept	Yes
Run Rule	6 runs - teams will immediately change sides if 6 runs are scored in an inning.