

Learn to Row



Learn to Row Classes

Monday & Wednesday - \$75

April 25th - June 4th • 5:30 PM - 7:30 PM
(no class Memorial Day - May 28th)

Friday, Saturday & Sunday - \$65

June 15th • 5:30 PM - 7:30 PM
June 16th - 17th • 7:00 - 10:00 AM

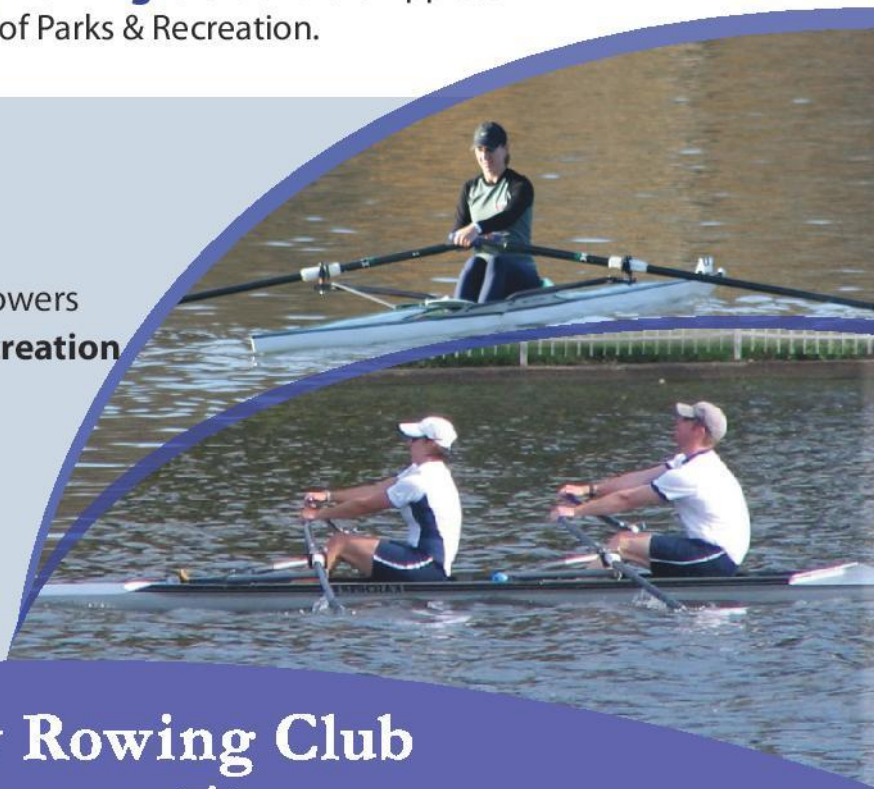
Classes meet at the **FVRC Boathouse** in **Telulah Park** on the Fox River, Appleton.

Learn to Row program sponsored by the **Fox Valley Rowing Club** and the Appleton Department of Parks & Recreation.

Get Fit! Have Fun!

- High-intensity, low impact sport
- Great cardiovascular work-out
- Open to everyone (ages 15+)
- 5 week session taught by experienced rowers
- Register through **Appleton Parks & Recreation Department** - (920.832.5905)

Learn to Row is open to all skill levels. Whether you are looking to get fit, have fun, or enjoy the beautiful Fox River, this may be exactly the class that you are looking for. The Fox Valley Rowing Club provides the instruction and equipment. At the conclusion of the class, participants are encouraged to join the club.



Fox Valley Rowing Club


foxvalleyrowing.com